



NurtureGroup

Free Support & Play Groups 2026

We offer a safe and secure environment for children from birth to starting school, who have been impacted by a premature or sick birth with time in a neonatal unit, prenatal anomaly, injury or condition in the first 5 years of life resulting in ongoing medical challenges.

Parents and carers can exchange ideas on parenting, tackle medical issues, share stories, build support networks, form friendships and ease the isolation that can often be felt by families.

NSW - Campbelltown

Monday Fortnightly, 10.00am-12.00pm

St Helens Park Community Hall

65 Kellerman Drive, St Helens Park

February 2, 16

March 2, 16, 30

April 13, 27

May 11, 25

June 8, 22

July 6, 20

August 3, 17, 31

September 14, 28

October 12, 26

November 9, 23

December 7

NurtureGroup has a strict wellness policy for all attendees.

